

# Welfare and Safeguarding Young People and Vulnerable Adults (Version controlled)

Post holder responsible for policy: Business and website owner  
Author of Policy: Peter Wilby  
Checked and Counter Signed By: Laura Wakeham (Safeguarding officer)  
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Review date: yearly

Version	Author	Date	Reason
V1.1	Peter Wilby	3/10/18	To provide clear policy guidelines for events in 2019

## Purpose

The purpose of PeteWilbyTriathlon safeguarding policy is to provide clear guidelines for the workforce in safeguarding and promoting the welfare of those children and adults at risk who attend our services. The policy aims to ensure that:

- Every Child and Adult at Risk has the right to be protected from abuse and exploitation
- All our children and adults at risk are safe and protected from harm.
- Other procedures and policies are in place to enable children to feel safe and adopt safe practices.
- Staff, athletes, coaches, children, volunteers and parents are aware of the expected behaviours and our legal responsibilities in relation to promoting the safeguarding and welfare of our children and adults at risk.

## Ethos

PeteWilbyTriathlon believes that everyone who participates in triathlon and open water swimming is entitled to participate safely. This welfare and safeguarding policy refers and follows entirely that of the governing body British Triathlon.

1. [https://www.britishtriathlon.org/britain/documents/about/child-protection/british-triathlon-safeguarding-and-protecting-children-policy\\_v3.pdf](https://www.britishtriathlon.org/britain/documents/about/child-protection/british-triathlon-safeguarding-and-protecting-children-policy_v3.pdf)
2. <https://www.britishtriathlon.org/britain/documents/about/child-protection/adults-at-risk-document.pdf>

## Responsibilities and expectations

PeteWilbyTriathlon services require us to take responsibility of an effective safeguarding policy. With the set out procedures in place we can better monitor that all staff & volunteers comply with them.

It is the joint responsibility of the business owner and designated safeguarding officer to ensure that appropriate checks are carried out on all staff and volunteers before they are allowed to work with children and vulnerable adults during PeteWilbyTriathlon services.

PeteWilbyTriathlon has procedures for handling allegations of abuse made against members of staff, athletes, coaches, children, volunteers and parents. This policy applies to all members of the team, including basic members and coached members.

## **Safeguarding Team**

The Designated Safeguarding Officer for PeteWilbyTriathlon is 07400353511 Laura Wakeham  
laura@petewilbytriathlon.co.uk

The head coach at PeteWilbyTriathlon is 07722507009 Peter Wilby pete@petewilbytriathlon.co.uk

The Business owner of PeteWilbyTriathlon is Peter Wilby (as above).

It is the responsibility of the Safeguarding officer and head coach/business owner to ensure that all safeguarding issues raised in services are effectively responded to, recorded and referred to the appropriate agency. They have strategic responsibility for all matters that relate to safeguarding and they will work together. They are also responsible for creating and reviewing an up to date safeguarding policy and implementing it by arranging the services safeguarding training for all staff and volunteers who work with children, young people and adults at risk.

All Child Protection concerns need to be acted on immediately. PeteWilbyTriathlon has internal procedure that all staff are aware of and must be followed, without exception.

If you are concerned that a child or vulnerable adult may be at risk or is suffering abuse, you must tell the Safeguarding officer (Laura Wakeham). You can do this via anyone on the list above!

You must keep record immediately of any concerns you may have. If the concern involves the safeguarding team you must take your concern to external contacts:

- Triathlon England Lead Safeguarding Officer 01509 226159 [lindahaywood@britishtriathlon.org](mailto:lindahaywood@britishtriathlon.org)
- The Child Protection in Sport Unit: <http://thecpsu.org.uk>
- NSPCC National Centre Helpline: 0808 800 5000, Deaf Users Text phone: 0800 056 0686 Email: [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

## **What to do if you are concerned**

If a child or vulnerable adult makes a disclosure or allegation of abuse against an adult or another child or young person, it is important that you:

- Stay calm and listen carefully.
- Reassure them that they have done the right thing in telling you.
- Do not investigate or ask leading questions.
- Let them know that you will need to tell someone else.
- Do not promise to keep what they have told you a secret.
- Inform your Safeguarding Officer as soon as possible.
- Make a written record of the allegation, disclosure or incident which you must sign, date and record your position using the British Triathlon/Home Nations Child Welfare Concern Referral Form (found in the risk assessment folder and available to print from the footer of [www.petewilbytriathlon.co.uk](http://www.petewilbytriathlon.co.uk))

## Signs, symptoms and effects of child abuse and neglect

The signs of child abuse aren't always obvious, and a child might not tell anyone what's happening to them.

Children might be scared that the abuser will find out, and worried that the abuse will get worse. Or they might think that there's no-one they can tell or that they won't be believed.

Sometimes, children don't even realise that what's happening is abuse.

The effects of abuse may be short term or may last a long time - sometimes into adulthood. Adults

who were abused as children may need advice and support. British Triathlon recommend the following contacts to support:

- Child-line UK Telephone: 0800 1111 75
- NSPCC - National - Child Protection in Sport Unit Telephone: 0808 800 5000
- Sportscoach UK - Chelsea Close, Amberley Road, Armley, Leeds LS12 4HP Telephone: 0113 274 4802
- The Samaritans - Telephone: 08457 909090 • Victim Support - Telephone: 08453 030900

Position	Print	Signed
Buisness owner / coach	Peter Wilby	
Safeguarding officer / water safety officer	Laura Wakeham	